

THE TOP 7 BENEFITS

OF SPEECH & DRAMA LESSONS



Speech and drama lessons are a powerful way to build a mix of communication skills, spark creativity and generate self-confidence. The "Top 7 Benefits of Speech & Drama Lessons" below, blend together to provide opportunities to develop talents and spirit that enable children to realise their full potential.

1 INCREASE SELF-CONFIDENCE

Head Held High teachers create safe environments for students to express themselves without feeling judged. This boosts confidence and frees students to push their boundaries gently, think outside the box, try new skills and engage actively with their peers.



2 SPARK CREATIVITY

By nature, speech and drama activities spark imagination in students and inspire creative problem solving. Teachers demonstrate how to look at situations from all points of view. How important is this? Well, Einstein himself felt that creativity is even more important than knowledge!



3 DEVELOP INTERPERSONAL SKILLS

Interpersonal skills include verbal and non-verbal communication, active listening, teamwork and conflict resolution skills. Head Held High speech and drama lessons encourage the process of discussion, brainstorming, making choices and negotiating. Good interpersonal skills are among the greatest assets children can develop to effectively communicate with people from all walks of life.



4 GROW TO LOVE PUBLIC SPEAKING

Public speaking is simultaneously one of the most important and also most loathed forms of communication! Its power cannot be overestimated; to form connections, influence decisions, and motivate change. Do you wish you were a more confident public speaker yourself? We plant the seeds in children so they can become just that.



5 USE POSITIVE BODY LANGUAGE

Children socialise better if they can read body language well. Reading body language and associated emotions is the first step to showing comfort and empathy to others. Likewise, being aware of the messages one's own body sends is a powerful way of communicating with others. Speech and drama lessons provide trusting environments to learn and practice positive body language.



6 PRACTICE EMPATHY & RESPECT

Carefully taught role-play and communication activities hone students' ability to develop empathy and tolerance. Skillful teachers stimulate students to develop a deeper understanding of other people they encounter when in their daily lives.



7 USE GOOD MANNERS

Good manners are a dying art form. However parents, don't despair! Realise instead, nowadays children with good manners stand out from the pack. Good manners are the bedrock of so many relationships in life. They 'open doors', and are also just simply pleasant to be around! That's why we build opportunities to practice good manners into ALL our speech and drama lessons, and consistently encourage good manners in our students.

Interested in a free trial lesson? Simply use the form on our 'Contact Us' page at headheldhigh.co.nz and we'll tee one up for you ASAP!